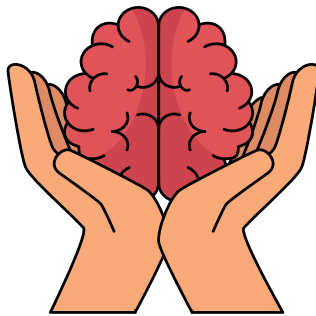




# ADULT ADHD SUPPORT AND SKILLS BUILDING GROUP



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**Are you living with ADHD symptoms and wanting to find connection with others who experience life the way you do? You are not alone. Join us for 8 weeks of connection and skills building for adults with ADHD (diagnosed or undiagnosed)**

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**When** Dates and times TBD based on interest

**Length** 8 Week Session Blocks

**Where** Zoom

**Cost** \$240 Total

**Sign Up** Email Josh to schedule a phone/video appointment

**[Joshmanney@venturatherapycollective.com](mailto:Joshmanney@venturatherapycollective.com)**

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## **Facilitated By**

Josh Manney, MS

Registered Associate Marriage & Family Therapist (AMFT 126306)

Registered Associate Professional Clinical Counselor (APCC 9810)

Supervised by Nyssa Von Doeren, LMFT#99807